

Stephanie Felicia Alessi-LaRosa, M.D., M.P.H.

Biographical Data

Place of Birth: Norwich, CT
Citizenship: USA

Education

January 2010-April 2014
St. George's University School of Medicine Grenada, West Indies
Doctor of Medicine (MD)

February 2009-May 2010
St. George's University School of Graduate Studies Grenada, West Indies
Master of Public Health, Epidemiology track (MPH)

August 2005-May 2008
Sacred Heart University Fairfield, CT
Bachelor of Science in Biology
Concentration Neuroscience

Postdoctoral Training

July 2014-June 2018
University of Connecticut Farmington, CT
Residency, Department of Neurology

July 2018-June 2019
The Kutcher Clinic for Sports Neurology Brighton, MI
Fellowship, Sports Neurology under Jeffrey Kutcher, MD

Licensure and Certification

Licensure: State of Connecticut #56543

Certifications:

Board Certified in Neurology, September 2018-present
American Board of Psychiatry and Neurology (ABPN)

Advanced Cardiac Life Support- Exp: 9/2024

NPI: 1255742326

Employment Experience

July 2021- present

Director of Hartford Healthcare Sports Neurology Program Ayer Neuroscience institute
Hartford, CT

- Provide subspecialty neurologic care to athletes/performers of all levels and ages
 - Deliver live event neurologic coverage to various levels of athletic events
- Provide community education and outreach on concussion and other neurologic conditions in athletes

July 2019-July 2021

Associate Director of Hartford Healthcare Sports Neurology Program/Ayer Neuroscience
Institute
Hartford, CT

Academic and Consulting Positions Held

2022-present Neurology Content Expert TheMedNet.org

2021-present Program Director
Hartford HealthCare Sports Neurology Fellowship Hartford, CT

2019-present Assistant Professor
University of Connecticut School of Medicine Department of Neurology

2019-present Consulting Team Physician University of Connecticut Athletics

2017-present Consultant Department of Athletic Regulation Mohegan Sun

Honors and Awards

2018 "Virginia Scola Compassionate Physician Award,"
UConn/Hartford Hospital Neurology residency graduation award.

2018 "Outstanding Resident," UConn Graduate Medical Education

2017-2018 Chief Neurology Resident, UConn/Hartford Hospital

2015 "Good Catch Award" at UConn Health Center
Recognition of an event that could have been harmful to a patient but was prevented

2008 Charter member of Beta Beta Beta, Biology Honors Society,
Sacred Heart University

Research Experience

August 2021-2027 Neurologic Function Throughout The High School Football Career:
A Pilot Study
Prospective cohort
Primary investigator

May 2021 COVID Positivity in a Combat Sports Bubble.
(Poster presented to AAN sports concussion conference 2021)
Primary investigator

May 2019 Twinning with Concussions. (Poster presented to AAN Annual Meeting 2019)
Primary investigator

May 2016 Effect of Age and Sex on Total Symptoms and Symptom Severity After a
Sports-Related Concussion.
(Poster presented to AAN sports concussion conference 2016)
Directed by Dr. Anthony G. Alessi, Storrs, CT

April 2009 Electroencephalography as a Screening Test for Boxers Directed by Dr.
Anthony G. Alessi, Norwich, CT

Presentations

April 2023 Speaker at the American Academy of Neurology Annual Meeting, Boston,
MA. "Mechanisms of Injury in Sports Neurology."

April 2023 Course Director for "Sports Neurology" at the American Academy of
Neurology Annual Meeting, Boston, MA.

March 2023 New York Yankees sports medicine staff continuing education lecture.
"Developing a Differential Diagnosis of 'Concussion' Presentations."

January 2023 Big Sky Athletic Training Sports Medicine Conference. Big Sky, Montana.
"Developing a Differential Diagnosis of 'Concussion'
Presentations."

November 2022 Trillium Health Partners Toronto, ON Virtual Neuroscience Grand
Rounds. "Concussion and Persistent Symptoms After Concussion."

October 2022 Connecticut Bar Association Symposium: Un-ringing the Bell.
"Concussion and Post-Concussion Syndrome."

August 2022 Select Medical Sports Symposium. "I. Headaches in Athletes II.
Concussion Updates and Rehab Pathway."

April 2022 "The Non-Concussion Side of Sports Neurology." American Academy of

Neurology Annual Meeting, Seattle, WA.

January 2022 UCONN/Hartford Hospital Neurology Grand Rounds. "Persistent Symptoms After Concussion."

July 2021 Webinar on Sports Neurology. Open to current and prospective neurology trainees nationally.

March 2021 Joint Conference with Kerlan-Jobe/Cedars-Sinai LA Sports Neurology Program. "Autonomic Dysfunction and Concussion."

June 2020 American Academy of Neurology Medical Student Symposium Case Presentation.

June 2020 "Concussion and Post-Concussion Syndrome." Hartford HealthCare Advanced Practitioners Grand Rounds.

March 2020 Brain Injury Alliance of Connecticut. "Concussion and Biomarkers."

September 2019 Eastern Connecticut Conference Football Officials education. "Sports Concussion: What You Need To Know."

September 2019 UCONN/Hartford Hospital Neurology Grand Rounds. "Sports Neurology: The New Frontier."

August 2019 UCONN Department of Medicine Grand Rounds. "Concussion: Recognition, Return-to-Play, and Recovery."

July 2019 Select Medical continuing education lecture. "Concussion: Recognition, Return-to-Play, and Recovery."

May 2019 "Twinning with Concussions." AAN Annual Meeting in Philadelphia, PA. Poster presentation.

April 2019 Connecticut Trauma Conference. Mashantucket, CT. "Head Injuries & Helmets."

March 2019 New York Yankees sports medicine staff continuing education lecture. "Symptom-Based Approach to Concussion."

February 2019 Big Sky Athletic Training Sports Medicine Conference. Big Sky, Montana. "All in the Family...History: The Role of Genetics in Managing Athlete Brain Health."

September 2018 Brain Injury Alliance of Michigan Annual Fall Conference. "Post Concussion Syndrome."

Media Experience

December 2022 CNN Sports, interviewed- "YouTubers, doping and greed: It's been a tough year for boxing."
November 2022 NeurologyToday, interviewed- "Neurologists on the Sidelines: The Sports Neurotrauma Consultant What They Do, How They Train, and Liability Risks"
October 2022 WTIC 1080 AM- Brian Schactman and Company June 2022 NY Times, interviewed- "A Diagnosis Brings C.T.E. Into American Pro Soccer"
April 2022 ABC CT - Concussions
April 2022 CBS CT Medical Rounds – Concussions
January 2022 WTIC 1080 AM- Brian Schactman and Company July 2021 ABC CT- Sports Neurology
June 2021 CT Magazine- Post-concussion syndrome
January 2021 The Neuro Experience Podcast- sports neurology November 2020 Hartford Business Journal- Telemedicine and Sports Neurology November 2020 ABC CT- Telemedicine and Sports Neurology July 2019- present WTIC 1080 AM Healthy Rounds- multiple appearances July 2019-present Lee Elci Show 94.9 FM radio interviews – multiple appearances August 2019 NBC CT – Sports Neurology July 2019 CBS CT Medical Rounds – Sports Neurology July 2019 Facebook Live interview for Hartford Healthcare – Sports Neurology
June 2019 CBS CT Travelers Championship – Sports Neurology June 2019 Rob Dibble ESPN – Sports Neurology

Other Relevant Activities

2021 COVID-19 vaccine administrator for CT DPH and CT Responds. 2019-present
Member of the U.S. Coast Guard Academy Auxiliary
2019 Abstract reviewer for neuro trauma and sports neurology sections of American Academy of Neurology Annual Meeting 2020.
2018 Completed the Medical Emergencies in Ski and Snowboarding (MESS) course for US Ski and Snowboard Team
2010-present Volunteer at St. Luke Foundation for Haiti in Port-au-Prince, Haiti; traveled four times to Port-au-Prince, Haiti, as a medical assistant in adult and pediatric hospitals working in the pediatric emergency and adult neurology departments.

Professional Organizations

2020-Present Physicians for Patient Protection (PPP)
2019-Present Connecticut State Medical Society (CSMS)
2012-Present American Academy of Neurology (AAN) Member of the Sports Neurology

Section and Global Health
Section

Additional Languages

Haitian Creole- Fair