

# Catherine Emily Alessi, MD

## **Education**

- 7/17-6/18 University of Connecticut  
Neuromuscular Medicine Fellowship
- 7/14-6/17 Stony Brook University Hospital  
Neurology Residency  
Chief Resident 7/2016 – 6/2017
- 7/13-6/14 Stony Brook University Hospital  
Preliminary Internal Medicine
- 8/09-6/13 Medical School: St. George's University, Grenada, West Indies  
Doctor of Medicine
- 8/07-12/08 Post-graduate: Drexel University, Philadelphia, PA  
Post-baccalaureate pre-medical program
- 8/03-5/07 Undergraduate Education: Fairfield University, Fairfield, CT  
Bachelor of Science in Nursing

## **Certifications**

- 2019 American Board of Electrodiagnostic Medicine
- 2018 ABPN Neuromuscular Medicine Board Certification
- 2017 ABPN Neurology Board Certification

## **Work Experience**

- 4/22-present UCONN Health Department of Orthopedics  
Director of Neurophysiology Lab  
Assistant Professor
- 7/18-4/22 UCONN Health Department of Neurology  
Neuromuscular Medicine  
Assistant Professor

## **Volunteer Activities**

- 2014 Weekly Radio Health Information Spot on the Lee Elci Show  
94.9 News Now WJFF-FM
- 2011 Mission trip to Port-Au-Prince, Haiti with St. Luc Foundation for Haiti  
-provided medical care at St. Luc's Hospital, 1 week
- 2009 Mission trip to Jeremie, Haiti with Haitian Health Foundation

-provided outpatient medical care to Haitians in remote villages, 1 week

2007-2008 Mercy Hospice, Women's Shelter  
Volunteered in front office, 24 hours per month

### **Committees**

Risk Control Assessment: MRI Studies and Patient Safety  
Stony Brook University Hospital

Code Brain Attack Project Insight Committee  
Stony Brook University Hospital

### **Organizations**

Member of the American Academy of Neurology

Member of American Association of Neuromuscular & Electrodiagnostic  
Medicine

### **Awards**

2017 AAN Resident Scholarship Recipient to the Annual Meeting

2014 Helping Heroes Award  
VA Hospital, Northport, NY

### **Research**

3/18 Poster presentation. Alessi C, Whitaker C, Wu Q, Felice K. "Laing myopathy: Report of 4 new families with novel MYH7 mutations, double mutations, and severe phenotype." Presented at MDA Clinical Conference in March 2018, Arlington, VA.

3/18 Poster presentation. Alessi C, Wu Q, Whitaker C. "Homozygous PABPN1 gene expansion resulting in severe variant oculopharyngeal muscular dystrophy." Presented at MDA Clinical Conference in March 2018, Arlington, VA.

4/17 Poster Presentation. Alessi C, Kaur G, Bindra T, Manganas L. "A Case of Sensory Ataxia and Cardiac Hypertrophy Associated with Anti-Voltage Gated Potassium Channel (VGKC) Autoantibodies." Presented at AAN Annual Meeting in April 2017, Boston, MA.

### **Publications**

3/18 **Alessi C, Alessi A.** "Peripheral Neuropathy." The Health Playbook. NFL Players Association, 2018. Pages 42-44.

### **Lectures**

9/22

**Alessi C, Alessi A.** “NM Sports Medicine Case-Based Presentations: A Mechanisms Approach.” AANEM Annual Meeting, Nashville, TN.