

## CURRICULUM VITAE

### PERSONAL DATA:

Name: Anthony Gerard Alessi, MD, MMM, FAAN  
Mailing Address 45 Salem Turnpike 2<sup>nd</sup> Floor  
Norwich, CT 06360  
Telephone: Office (860) 889-3227 Cell (860)608-9749  
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### EDUCATION:

06/01 Master of Medical Management  
H. John Heinz School of Public  
Policy and Management  
Carnegie Mellon University  
Pittsburgh, Pennsylvania  
09/76-06/81 Doctor of Medicine (with honors)  
University of Rome  
Rome, Italy  
09/72-05/76 Bachelor of Science – Biology  
(with honors)  
Manhattan College  
Bronx, New York

### POSTDOCTORAL TRAINING:

Fellowships:  
07/85-06/86 Neuromuscular Disease  
Electrodiagnostic Medicine  
Department of Physical Medicine and Rehabilitation  
University of Michigan Medical Center  
Ann Arbor, Michigan

Internships and Residencies:

07/82-06/85	Resident Department of Neurology University of Michigan Medical Center Ann Arbor, Michigan
07/81-06/82	Intern Department of Medicine New Rochelle Hospital Medical Center New Rochelle, New York

**LICENSURE AND CERTIFICATION:**

Licensure:	State of Connecticut - #27193 State of Michigan - #45814 State of New York - #1591521
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Board Certification:

02/02	Board Certified in Medical Management, Certifying Commission In Medical Management
03/89	Diplomate, American Board of Electrodiagnostic Medicine
11/87	Diplomate, American Board Of Psychiatry and Neurology

Certification

8/2022-8/2024	Basic Life Support
8/2022-8/2024	Advanced Cardiac Life Support

**Academic & Consulting Appointments**

9/18-present	Clinical Professor Department of Neurology University of Connecticut Health Science Center Farmington, Connecticut
04/15-present	Medical Director UConn Neuro Sport
09/14-11/17	Neuro Hospitalist IPC Physicians Lawrence & Memorial Hospital

03/12-present	Neurology Consultant, United States Coast Guard Academy Department of Athletics
05/12-4/18	Accountability and Care Committee, NFL Players Association/NFL
04/11-02/14	Medical Advisory Committee, USA Cheer
09/11-present	Adjunct Clinical Professor Department of Kinesiology University of Connecticut Storrs, Connecticut
03/10-09/13	Consultant, Connecticut Tigers
06/08-05/14	Medical Director Stroke Program William W. Backus Hospital
03/07-4/19	Consultant, Connecticut Sun WNBA
02/07-09/09	Consultant, Connecticut Defenders and San Francisco Giants
04/07-present	Fellow American Academy of Neurology
06/04-07/09	Medical Director Neurodiagnostic Services Windham Community Memorial Hospital
02/03-05/14	Medical Director Division of Sports and Entertainment Of ConnCare William W. Backus Hospital
09/99-9/18	Associate Clinical Professor Department of Neurology University of Connecticut Health Sciences Center Farmington, Connecticut
06/97-present	Neurology Consultant University of Connecticut Athletic Department

09/97-present  
Neurology Consultant and Ringside Physician  
Connecticut State Boxing Commission

04/95-present  
Consultant, New York Yankees Player Development

11/16-11/21  
United States Ski and Snowboard  
Physician Pool

09/86-09/99  
Assistant Clinical Professor  
Department of Neurology  
University of Connecticut Health Services Center  
Farmington, Connecticut

07/85-06/86  
Instructor, Department of Neurology  
University of Michigan Medical Center  
Ann Arbor, Michigan

#### **HOSPITAL STAFF APPOINTMENTS:**

8/19-present  
Active Staff  
Hartford Hospital  
Hartford, Connecticut

4/15-present  
Consulting Staff  
John Dempsey Hospital  
University of Connecticut  
Farmington, Connecticut

09/14-8/19  
Consulting Staff  
L&M Hospital  
New London, Connecticut

07/86-present  
Senior Staff  
William W. Backus Hospital  
Norwich, Connecticut

07/86-8/19  
Consulting Staff  
Windham Community Memorial Hospital  
Willimantic, Connecticut

#### **ADMINISTRATIVE APPOINTMENTS:**

11/08-11/10  
11/04-11/06  
11/96-11/99  
Chairman, Department of Neurology  
William W Backus Hospital

11/08-11/10	Medical Executive Committee
11/04-11/06	William W. Backus Hospital
11/96-11/99	
07/91-07/92	Chairman, Utilization Review Committee William W. Backus Hospital

**MAJOR PROFESSIONAL SERVICE:**

04/12-04/14	Chairman, Sports Neurology Section American Academy of Neurology
04/10-04/12	Chairman Elect, Sports Neurology Section American Academy of Neurology
04/07-04/10	State Affairs Committee American Academy of Neurology
09/06-9/17	Health Columnist Norwich Bulletin Gatehouse Co., Inc.
01/04-01/08	Advisor American Academy of Neurology Palatucci Advocacy Leadership Forum
09/02-present	Neurologic Consultant Connecticut Dept. of Public Health Division of Health Systems Regulation
09/02-91/15	Board of Directors Connecticut Neurological Society
10/95-10/97	Workshop Committee American Association of Electrodiagnostic Medicine
04/93-04/01	Chairman Colonial Individual Practice Association
04/89-04/06	Board of Directors Colonial Individual Practice Association
07/87-07/97	State Liaison, Practice Committee American Association of Electrodiagnostic Medicine

06/84-6/85	Michigan Delegate, Resident Physician Section, American Medical Association
07/83-07/85	Resident Education Committee University of Michigan Medical Center Ann Arbor, Michigan
07/83-07/84	Coordinator, Neuroradiology Conference Committee Coordinator University of Michigan Medical Center Ann Arbor, Michigan

**PROFESSIONAL SOCIETIES:**

American Academy of Neurology
American Association of Neuromuscular and Electrodiagnostic Medicine
American Association of Professional Ringside Physicians

**BUSINESS EXPERIENCE:**

09/00-present	Solo Practitioner Neuro Diagnostics, LLC 45 Salem Turnpike 2 <sup>nd</sup> Floor Norwich, CT
11/97-present	Chairman, Chief Executive Officer Colonial Cooperative Care, Inc. Norwich, CT
07/86-08/00	Partner Neurology Associates Norwich, CT

**RESEARCH:**

Associate Investigator, Phase II Multicenter Controlled Clinical Trial of Fluzinamide in Patients with Partial Seizures (A. H. Robins Company)-(NIH-NINCDS Contract #NO1-NS-2363).

Associate Investigator, A Multicenter Placebo Controlled Double-Blind Trial to Determine the Efficacy and Safety of CI-912 in the Treatment of Complex Partial Seizures in Medically Refractory Patients (Warner-Lambert/Parke-Davis Grant CI-912-13).

Consultant, Follow-up Study of AHR-8559 in Partial Seizures Protocol #6 (A.H. Robins Grant).

Consultant, Follow-up Study of CI-912 in the Treatment of Complex Partial Seizures in Medically Refractory Patients (Warner-Lambert/Parke-Davis).

Associate Investigator, Martin Marietta Energy Systems Contract (Department of Energy Grant), A Health Evaluation of Y-12 Workers Formerly Exposed to Mercury, Awarded 1985.

Principal Investigator, Biomedical Research Support Grant, Investigation of the Visually Evoked Blink Reflex Pathways, Awarded July 1985.

Consultant, Exposure Response Relationship in Hand/Arm Vibration, Awarded October 2001.

## **PUBLICATIONS:**

### Abstracts:

1. Alessi AG, Donofrio PD, Burke JM, Albers JW: Plasma Exchange in Non-Malignant Plasma Cell Dyscrasia Polyneuropathy. *Neurology (Clev)* 1984; 34:79-80.
2. Aldrich MS, Alessi AG, Beck RW, Gilman SG: Cortical Blindness in Adults: Etiology, Diagnosis and Prognosis. *Annals of Neurology* 1984;16:1153.
3. Donofrio PD, Alessi AG, Burke JM, Albers JW: Polyneuropathy in Benign Monoclonal Gammopathy of Undetermined Significance. *M & N* 1984; 7:564.
4. Burke JM, Donofrio PD, Alessi AG, Albers JW: Long-Term Response to Plasma Exchange in Progressive Chronic Inflammatory Demyelinating Polyradiculoneuropathy. *Neurology* 1985; 35:82.
5. Alessi AG, Donofrio PD, Burke JM, Krus DL, Albers JW: Absence of Anti-MAG Activity in Sera of Patients with Polyneuropathy and IgG Kappa Paraproteinemia. *Neurology* 1985; 35:82.
6. Walker FW, Alessi AG: Hysterical Apnea. *Neurology* 1985; 35:307.
7. Alessi AG, Aldrich MS, Beck RW, Vanderzant C, Olszewski C, Albers JW: Flash-Evoked Blink Reflexes in Patients with Long-standing Cortical Blindness. *M & N* 1985; 8:615.
8. Alessi AG, Balcom W, Spratt G, Littlefield M: Head Injury And Transient Visual Field Deficit In Baseball: A Case Study. *Medicine and Science in Sports and Exercise* 1997; Volume 29:5.
9. Alessi AG, Kutcher J, Alessi SF: Electroencephalography as a Screening Test for Boxers. *Neurology* 2009; 72:496.

10. Mahooti N, Anderson J, Alessi AG: Peculiar Paresthesias in a Football Player. AMSSM 2010 (in print).
11. Santini V, Sharma M, Alessi AG, Jones E, Hohler A: Helping Haiti: Addressing The Burden of Neurological Disease: Presented May 1, 2014 AAN Annual Meeting.
12. Alessi SF, Kotarathara AT, Moriarty M, Alessi AG: Effect of Age and Sex on Total Symptoms and Symptom Severity after Sports-Related Concussion: July 9, 2016 AAN Sports Concussion Conference.
13. Alessi SF, Hughes M, Alessi AG: Covid Positivity in a Combat Sports Bubble: July 30, 2021 AAN Sports Concussion Conference.

Manuscripts:

1. Donofrio PD, Greenberg HS, Albers JW, Alessi AG, Leavitt A, Davar G, Latov N, Freddo L: IgM Monoclonal Protein Binding to Spinal Cord and Peripheral Nerve Glycolipids in a Patient with Motor Neuron Disease. *Annals of Neurology* 1985; 18:161.
2. Freddo L, Yu R, Latov N, Donofrio P, Hays A, Greenberg H, Albers J, Alessi A, Leavitt A, Davar, G, Keren D: Gangliosides GM1 and GD 1b Antigens for IgM M-protein in a Patient with Motor Neuron Disease. *Neurology* 1986; 36:454-458.
3. Aldrich MS, Alessi AG, Beck RW, Gilman SG: Cortical Blindness in Adults: Etiology, Diagnosis and Prognosis. *Annals of Neurology* 1987; 21:149-158.
4. Albers JW, Kellenback LJ, Fine LJ, Langolf GD, Wolfe RA, Donofrio PD, Alessi AG, Stolpe-Smith KS, Bromberg MB: Mercury Workers Study Group, Neurologic Abnormalities Associated with Remote Occupational Elemental Mercury Exposure. *Annals of Neurology* 1988; 24:651-659.
5. Albin RA, Albers JW, Greenberg H, Townsend JB, Lynn RB, Burke JM, Alessi AG: Acute Sensory Neuropathy- Neuronopathy and Pyridoxine Overdose. *Neurology* 1988; 37:1729-1732.
6. Walker FW, Alessi AG, Digre KB, McLean WT: Psychogenic Respiratory Distress. *Archives of Neurology* 1989; 46:196-200.
7. Donofrio PD, Alessi AG, Albers JW: Evolution of Remote-effect Polyneuropathy: Serial Electrodiagnostic Studies. *M & N* 1989; 12:508-513.
8. Aldrich MS, Vanderzant CW, Alessi AG: Ictal Cortical Blindness with Permanent Visual Loss. *Epilepsia* 1989; 30: 116-120.
9. Felice K, Alessi AG, Grunet M: Clinical Variability in Adult Onset of Acid Maltase Deficiency. *Journal of Neurology, Neurosurgery and Psychiatry*, Volume 1995; 74:3, 131-135.
10. Alessi AG, Mayer T, Smith D. Protecting the brain in sports, What do we really know? *Neurology* 2013;80:2178-2179



11. Alessi AG, Etienne M. Disaster neurology. *Neurology: Clinical Practice* 2013, Volume 3 no. 6 493-500
- 12 Conidi F, Drogan O, Giza C, Kutcher J, Alessi A, Crutchfield K: Sports neurology topics in neurologic practice: A survey of AAN members. *Neurology Clinical Practice*: 2013
- 13 Seifert T, Bernick C, Jordan B, Alessi A, Davidson J, Cantu R, Giza C, Goodman M, Benjamin J: Determining brain fitness to fight: Has the time come? *The Physician and Sportsmedicine*, Volume 43, Issue 4 2015, 395-402

#### Book Chapters:

1. Kutcher J, Giza C, Alessi AG: Sports Concussion. *Continuum* 2010; Volume 16.
2. Alessi AG, Schwartz M: Mixed Martial Arts: Ringside Safety. *Sports Medicine A Comprehensive Review*. Wolters Kluwer January 2013.
3. Alessi AG, Shams T: Concussion Patient management Problem. *Continuum* December 2014.

#### Videos:

1. Alessi AG: Regain Control of Your Medical Practice Today. CD Rom June 2004.
2. Alessi AG: Concussion Recognition Rest Recovery. CD Rom August 2012.

#### Books:

1. Alessi AG: *Healthy Sports: A Doctor's Lessons for a Winning Lifestyle*. Day Press September 2008.
2. Alessi AG: *Lift Up Your Hearts: Healing Haiti, land of hardship*. Passionist Press November 2010.

#### **INVITED NATIONAL PRESENTATIONS:**

1. November 12, 1983, Michigan Neurological Association, "Plasma Exchange in Non-Malignant Plasma Cell Dyscrasia Polyneuropathy."
2. April 10, 1984, American Academy of Neurology, "Plasma Exchange in Non-Malignant Plasma Cell Dyscrasia Polyneuropathy."
3. September 10, 1984, American EEG Society, "Cortical Blindness as an Ictal Manifestation."
4. September 21, 1984, American Association of Electromyography and Electrodiagnosis, "Polyneuropathy in Benign Monoclonal Gammopathy of Undetermined Significance."
5. October 8, 1984, American Neurological Association, "Cortical Blindness in Adults: Etiology, Diagnosis and Prognosis."

6. April 30, 1985, American Academy of Neurology, "Absence of Anti-MAG Activity in Sera of Patients with Polyneuropathy and IgG Paraproteinemia."
7. April 30, 1985, American Academy of Neurology, "Long-Term Response to Plasma Exchange in Progressive Chronic Inflammatory Demyelinating Polyradiculoneuropathy."
8. May 2, 1985, American Academy of Neurology, "Hysterical Apnea."
9. October 25, 1985, American Association of Electromyography and Electrodiagnosis, "Flash-Evoked Blink Reflexes in Patients with Long-standing Cortical Blindness."
10. May 29, 1997, American College of Sports Medicine, "Head Injury and Transient Visual Field Deficit in Baseball: A Case Study."
11. June 22, 1999, The New Healthcare Marketplace Conference '99, Syracuse, NY, "Rise of the Physician IPA – A National Panel Discussion."
12. May 1, 2009, American Academy of Neurology, "Electroencephalography as a Screening Test for Boxers." Boston MA
13. May 14, 2010, Sports Concussion Institute, "Sports Concussion Evaluation and Management Among Female Athletes." Los Angeles, CA
14. June 1, 2010, American College of Sports Medicine, "Sports Neurology: Clinical Approaches to Epilepsy and Migraine in Athletes." Baltimore MD
15. October 20, 2011, University of Connecticut, Neurology Grand Rounds, "Neurologic Injuries in Combat Sports." Hartford, CT
16. October 2012, American Academy of Neurology, "Mastering the Sound Byte." Las Vegas, NV
17. March 22, 2013, American Academy of Neurology, "Case Studies in Concussion." San Diego, CA
18. May 2, 2014. American Academy of Neurology, "Concussion in Sports and Military." Philadelphia, PA
19. July 19, 2014. American Academy of Neurology Concussion Conference, "Counseling Athletes After Concussion." Chicago, IL
20. April 19, 2015. American Academy of Neurology, "Sports Concussion: Prognosis and Risks." Washington DC
21. May 29, 2015. University of Michigan Sports Medicine Conference, "Media and Concussion: Let's Go to the Video." Ann Arbor, MI
22. July 25, 2015. AAN Concussion Conference, "Sports Concussion in Professional Athletes." Denver, CO
23. October 23, 2015. Beth Israel/ Mt. Sinai Neurology Grand Rounds, "Sports Neurology: Taking Neurology From the Exam Room to the Sideline." New York, NY
24. February 2, 2016. Big Sky Sports Medicine and Athletic Training Conference, "Neurological Injuries in Combat Sports: The Ultimate Challenge." Big Sky, MT
25. June 3, 2016 Michigan Athletic Trainers Association, "Sports Concussion: Video Analysis." Ypsilanti, MI

26. July 9, 2016 American Academy of Neurology Concussion Conference, "Neurologic Injuries in Combat Sports: The Ultimate Challenge." Chicago, IL
27. March 18, 2016 Brain Injury Association of Connecticut "Recovery From Concussion: When to Rest and When to Exercise." Hartford, CT
28. April 18, 2016 American Academy of Neurology Concussion Workshop, "The Role of the Neurologist on the Sideline." Vancouver British Columbia.
29. February 2, 2017 University of Connecticut Neurology Grand Rounds, "Sports Concussions: What Do We Really Know." Hartford, CT
30. April 26, 2017 American Academy of Neurology Concussion Workshop, "The Role of the Neurologist at Ringside." Boston, MA
31. May 5, 2017 University of Texas Memorial Hermann Medical Center Grand Rounds, "Sports Concussion: What Do We Really Know." Houston, TX
32. November 16, 2017 University of Connecticut Neurology Grand Rounds, "Recovery from Sports Concussion: What Makes Baseball Different." Hartford, Ct
33. April 24, 2018 American Academy of Neurology Annual Meeting, "Sports Concussion Workshop: Ringside Skills" Los Angeles, CA
34. November 15, 2018 University of Connecticut Neurology Grand Rounds, "Sports Concussion: When Is It Time To Quit" Hartford, CT
35. December 10, 2018 Justin Sports Medicine Conference, "Sports Concussion: What Do We Really Know" Las Vegas, NV
36. February 3, 2019 Big Sky Athletic Trainers Conference, "Recovery From Concussion: Why Is Baseball Different" Big Sky MT
37. March 5, 2019 Professional Baseball Athletic Trainers Society, "Recovery From Concussion: Why Is Baseball Different" Tampa FL
38. May 7, 2019 American Academy of Neurology Annual Meeting, "Western Sports and Equestrian Event Coverage" Philadelphia, PA

#### **COMMUNITY SERVICE:**

04/13-Present	U.S. Coast Guard Auxiliary Division 25
09/10-09/12	Life Choice Donor Services, Board Member, Bloomfield, CT
05/05-05/11	Fidelco Guide Dog Foundation Chairman, Selection Committee Bloomfield, CT

05/00-05/07	Fidelco Guide Dog Foundation Board Member Bloomfield, CT
09/03-09/05	Norwich Community Development Corp Board Member Norwich, CT
07/92-10/15	St. Jude Common Elderly Housing Board Member Norwich, CT
09/90-09/93	Otis Library Board Member Norwich, CT

#### **HONORS AND AWARDS:**

2017 Connecticut Boxing Hall of Fame  
2017 American Academy of Neurology President's Award  
2016 Catherine Brontke Advocate of the Year Award, Brain Injury Alliance of CT  
2009 Ringside Physician of the Year  
2014 Kenneth M. Viste, Jr., MD Patient Advocate of the Year  
1999 John E. Peck Community Service Award, Outstanding Advocate for the Elderly  
1992 Doctor of the Year from the Myasthenia Gravis Support Network  
1972 John F. Kennedy Citizenship Award